



The American Women's Group Discount Partners

For further information on the Discount Partners' List, please contact Susan Bagyura on susan.bagyura@bluedanubecoaching.com

A list of all our Discount Partners, what discounts they offer and their contact information

Updated
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**2nd Avenue Restaurant**

- Category: Restaurant
- Location: Shatti Beach, Way 3040
- GSM: 9934 3875
- 20% off on lunch

Al Arzeh Beauty Salon

- Category: Beauty
- Location: Safer International Hotel
- GSM: 9255 3548
- 25% off on services

Al Besat Al Hariri Carpets

- Category: Household
- Location: Madinat Qaboos
- GSM: 99275151
- 30% off Carpets

Al Madina Art Gallery

- Category: Art Gallery
- Location: Madinat Qaboos
- Tel: 2469 1380
- 10% off framing & selected items

Al Nahda Resort & Spa

- Category: Hotel/Spa
- Location: Muscat Sohar Highway
- Tel: 2688 3710
- 10% off, cash only

Al Raid International

- Category: Carpets & Souvenirs
- Locations: InterContinental Muscat, Grand Hyatt, Al Hasan – Shangri La Resort) & Sabco Centre
- Tel: 2469 4171
- 50% off carpets & silver items
- 30% off Shawls

Al Sawadi Beach Resort

- Category: Hotel
- Location:
- Tel: 2679 5424
- 15% off at Restaurants
- www.alsawadibeach.com

Al Arza Beauty Salon

- Category: Beauty
- Location:
- GSM: 9255 3549
- 25% off beauty services

American Dental Centre

- Category: Medical
- Location: Al Masa Mall, Shatti
- Tel: 2460 2593
- 10% off AWG member only

Angel Flowers

- Category: Flower & Gift Shop
- Location: Shatti
- Tel: 2460 5158
- 10% off cash sales

Angel Beauty Salon

- Category: Beauty
- Location: near Ramada Beach Hotel
- Tel: 2469 8511
- 15% off on services, cash only

Ann Opticians

- Category: Optical
- Location:
- Tel: 2456 2157
- 25% off sunglasses & prescription

Arabian Sea Safaris

- Category: Tours
- Location:
- Tel: 2469 3223
- 10% off all services, cash only
- www.arabienseasafaris.com

Ayana Spa

- Category: Spa
- Location:
- Tel: 2469 3435
- 10% off on services, cash only
- Valid on Sunday & Mondays only
- www.ayanaspa.com

Bait Muzna Gallery

- Category: Art Gallery
- Location: Old Town, Muscat
- Tel: 2473 9204
- 10% off selected items

Bartech

- Category: Housewares
- Location: Al Jadeeda
- Tel: 2460 7291
- 15% off bar access
- 10% off gifts, 5% Glassware



Biella Italian Restaurant

- Category: Restaurant
- Location: Qurm & Muscat City Centres
- Tel: 9652 8596
- 10% off

Blue Danube Success Coaching

- Category: Training & Coaching
- Location: Azaiba
- GSM: 9208 9947
- 10% off on products, 25% off on individual coaching
- Special group rates for AWG Members
- www.bluedanubecoaching.com
- www.thevisionaryleader.com

Blue Marlin Restaurant

- Category: Restaurant
- Location: Marina Bandar Al Rowdha
- Tel: 2473 7288
- 10% off, cash only

Bright Beginnings Nursery

- Category: Nursery
- Location: Shatti
- Tel: 2460 7291
- 50% off registration fees at admission
- www.bhnursery.com

Café Ceramique

- Category: Restaurant
- Location: Al Araimi Complex
- Tel: 2456 6617
- 10% off Food & Bev only, not on special offers or ceramics

Café Glacier

- Category: Restaurant
- Location:
- Tel: 2448 9245
- 10% off over OMR 4

Chandrika Gems

- Category: Jewelry
- Location: Al Asfoor Plaza
- GSM: 9974 3912
- 10% off selected items

Chili's

- Category: Restaurant
- Location: Muscat City Centre
- Tel: 2454 5815
- 10% off, cash only

Chinese Garden Restaurant

- Category: Restaurant
- Location:
- Tel: 2460 5414
- 15% off, cash only

Chiropractic Clinic

- Category: Clinic
- Location:
- Tel: 2649 7737
- 10% off on cash sales

Classic Music & Art Institute

- Category: Training
- Location:
- Tel: 2456 0025
- 10% off for lessons

Cosmetic Surgery Emirates Dermatology

- Category: Dermatology
- Location:
- Tel: 2460 4540
- 10% off, call for Consultation

Dairy Queen Ice Cream

- Category: Restaurant
- Location: Seeb Airport, Lulu, Al Ghubrah, Shatti Al Qurum
- Tel: 2451 9468
- 15% off, cash only

Desert Discovery Tours

- Category: Tours
- Location:
- Tel: 2449 3232
- 10% off on groups, cash only
- www.desert-discovery.com

Desert Thunder Travel & Tourism LLC

(NEW!)

- Category: Tours
- Location: Muscat
- Tel: 9555 5153
- 15% off, cash only
- www.desertthunderoman.com



Diva Hair & Beauty Salon

- Category: Beauty
- Location: Madinat Qaboos
- Tel: 2469 3011
- 10% off on services
- Valid on Sun/Mon/Tues only on treatments over RO 15, cash only

DivEco

- Category: Sea Sports
- Location:
- Tel: 2460 2101
- 10% all services except jet skis

Emirates Medical Clinic

- Category: Medical
- Location: Shatti
- Tel: 2460 4540
- 15% off for Dermatology Consultation
- 15% off for Hair removal
- 15% off for Dental Consultations
- 15% off Cosmetic Consultations
- 15% off Cosmetic Surgery
- Offer excludes Pharmacy Purchases
- www.emc-oman.com

Essence Spa

- Category: Spa
- Location: Madinat Al Alaam
- Tel: 2460 3225
- 5% discounts: from any Elemis treatments: Facials, Well-being Body Therapies, Body Scrubs and Wraps
- 10% discounts: From any Essence treatments such as all Body Massages and any Essence Signature Treatments
- www.essence-spa.com

Faces Beauty Salon

- Category: Beauty
- Location: Madinat Qaboos
- GSM: 9925 5645
- 10% off on services

Fahmy Furniture

- Category: Furniture
- Location: Al Khuwair
- Tel: 2448 9812
- 20% off

Family Bookshop

- Category: Bookshop
- Location: Madinat Qaboos
- Tel: 2478 6461
- 10% off cash sales

Fontana Health Club

- Category: Health Club
- Location: Radisson SAS Hotel,
- GSM: 9921 4310
- 10% off membership
- 20% off massages

Future Health Club

- Category: Health Club
- Location: Madinat Qaboos
- Tel: 2460 0030
- 10% off gym membership

Galenev Kanda Adventures

- Category: Tours
- Location: Al Ghubrah
- GSM: 9563 8418
- Customised tour services to Sri Lanka
- Special group rates for AWG Members
- www.galenevkanda.com

GEOX Shoes

- Category: Fashion
- Location: Muscat City Centre
- 20% off

Gatsby Men's Clothing

- Category: Fashion
- Location: Dhofar Building, Ruwi
- Tel: 2470 2112
- 15% off on fabric & tailoring
- 10% off other merchandise

Global Car Rental

- Category: Car Rental
- Location: Shatti
- Tel: 2469 7140
- 20% on daily & weekly rentals
- <http://www.alhashargroup.com>

Global Scuba

- Category: Sea Sports
- Location: Shatti
- Tel: 2469 2346
- 10% on services, cash only
- www.global-scuba.com



Global Tours

- Category: Tours
- Location: Shatti
- Tel: 2469 5959
- 10% off tour services, cash only

Golden Dragon Restaurant

- Category: Restaurant
- Location: Madinat Qaboos
- Tel: 2469 7374
- 15% off, cash only

Golden Oryx Restaurant

- Category: Restaurant
- Location: Ruwi
- Tel: 2470 2266
- 15% off on food & drinks only

Golden Spoon Restaurant

- Category: Restaurant
- Location:
- GSM: 9266 0982
- 15% off, cash only

Grand Optics

- Category: Optical
- Location: Muscat City Centre
- Tel: 2455 8890
- 20% off, cardholders only

Grand Spa

- Category: Spa
- Location: Al Grubrah, Bareeq Al Shati
- Tel: 2469 5766, 2460 3801
- 10% off facial treatments
- 15% off all other treatments

Grill House LLC

- Category: Restaurant
- Location: Madinat Qaboos
- Tel: 2460 3660
- 10% off

Gulf Agency Company of Oman

- Category: International Movers
- Location:
- Tel: 2447 7857
- 20% off normal rates
- www.gacworld.com

Gulf Leisure

- Category: Tours
- Location: Qurum
- GSM: 9981 9006
- 10% off, cash only
- www.gulfleisure.com

Harub Dental Clinic

- Category: Dental
- Location:
- Tel: 2456 3814
- 15% off, cash only
- www.harubdental.com

Hilton Hotel, Salalah

- Category: Hotel
- Location: Salalah
- Tel: 2321 0084
- R.O. 32 single/double
- www.hiltonworldresorts.com

Holistic Skin & Care Centre

- Category: Beauty
- Location: Shatti Al Qurum
- Tel: 2460 1134

Holiday Inn Muscat

- Category: Hotel
- Location:
- Tel: 2468 7123
- 15% off food

Hoor Enterprise Handicrafts

- Category:
- Location:
- Tel: 2456 1645
- 55% off on Carpets
- 40% off on Shawls/Handicrafts

Horizon Health & Beauty Centre

- Category: Health Club
- Location:
- Tel: 2457 1337
- 20% off full membership
- 20% off beauty treatments – pending

Ibrahim Al Harthy Trading

- Category: Swiss Watches & Gift Items
- Location:
- GSM: 9936 1327
- 25% off on merchandise



InterContinental Muscat

- Category: Restaurant
- Location: Qurum
- Tel: 2468 0000
- 10% off food
- www.intercontinental.com

Jebel Al Akhdar Hotel

- Category: Hotel
- Location:
- Tel: 2442 9009

Kargeen

- Category: Restaurant
- Location: Madinat Qaboos
- Tel: 2469 9055
- 10% off, cash only

Kaya Skin Clinic

- Category: Skin Clinic
- Location: Shatti
- Tel: 2460 4300
- 10% on Kaya 4 & 8 sessions enhancements, problem solution and age packages
- 15% on laser hair reductions (7 sessions) and hair root therapy
- No discounts on products & dermatology

Kazerooni & Ptrs LLC

- Category: Household
- Location: Qurum Comm. Area
- Tel: 2456 3779
- Up to 50% off

Khasab Travels & Tours

- Category: Tours
- Location:
- Tel: 2673 0364
- 10% off on tour services
- www.khasabtours.com

Khazana Pakistani Rugs & Furniture

- Category: Household
- Location: Al Araima Complex, Qurum
- Tel: 2456 1714
- % off
- www.khazanakhazana.com

Khimji Ramdas

- Category:
- Location: All
- Tel: 2470 6353
- 20% off general items
- www.khimjiramdas.com

Kwik Klean Dry Cleaners

- Category: Laundry
- Location: All
- Tel: 2471 7140
- 15% off, cash only

Left Bank

- Category: Restaurant
- Location: Qurum
- 10% off on Food

Little Town Children's Learning Centre

- Category: Schools
- Location: Shatti
- GSM: 9942 1645
- 10% off on Sat to Wed mornings

Lucy Beauty Salon

- Category: Beauty
- Location: Alasfoor Plaza, Qurum
- Tel: 2457 1757
- 15% off hair & beauty services

Maathir LLC

- Category: Watches
- Location: Al Armani, Qurum
- Tel: 2450 3011
- 30% off watches
- 10% off selected items

Mandy Woodward – Dog Trainer

- Category: Dog Training
- Location: Azaiba
- GSM: 9549 1420
- 10% off dog training course
- andymand@omantel.net.om

Mase Marketing

- Category:
- Location:
- Tel: 2470 3057
- 10% off except special offers
- Sales subject to valid licence

**Majid Trading (Handicrafts & Jewelry)**

- Category:
- Location: Al Arami, Al Harthy, Hyatt
- Tel: 2456 5750
- 50% off handicrafts & jewelry

Malika Salon

- Category: Beauty
- Location: Samaa Health Club, Qurum
- GSM: 9979 6396
- 15% off on services, cash only

Manal Beauty Salon

- Category: Beauty
- Location: Shatti
- Tel: 2469 9975
- 15% off, cash only
- www.manalbeauty.net

Mecure Al Falaj

- Category: Hotel
- Location: Ruwi
- Tel: 2470 2311
- 50% off room rates & food
- 25% off health club

Midan Hotel Suites

- Category: Hotel
- Location: Ghubrah
- Tel: 2449 9565
- 10% off Casa de Café
- 10% off health club

Mumtaz Mahal Indian Restaurant

- Category: Restaurant
- Location: Qurum
- Tel: 2460 5607
- 15% off al la carte & beverages

Muscat Beauty Salon

- Category: Beauty
- Location:
- Tel: 2356 2541
- 10% off on services, cash

Muscat Diving & Adventure Centre

- Category: Tours
- Location:
- Tel: 2468 5663
- 15% off, cash only
- www.holiday-in-oman.com

Muscat Pharmacy

- Category: Pharmacy
- Location: All
- Tel: 2471 4501
- 15% off perfumes & cosmetics
- www.mpmct.com

Nails

- Category: Beauty
- Location: Jawharat Al Shatti
- Tel: 2469 9440
- 10% off on services
- Valid on Sundays & Mondays only

National Hospitality Institute

- Category: Restaurant
- Location: Ruwi
- Tel: 2481 3141
- 10% off on menu

Nick & Friends (NEW!)

- Category: Fashion
- Location: Al Bustan & Shangri-La Souq
- Tel: 9610 1176
- 15% off
- www.nickandfriends.com

Nine West Shoes

- Category: Fashion
- Location: Sabco & Muscat City Centre
- Tel: 2456 1872
- 15% off
- www.appareluae.com

Noodle House

- Category: Restaurant
- Location: Muscat City Centre
- Tel: 2455 8412
- 10% off

OOPS Salon for Men & Women

- Category: Beauty
- Location:
- GSM: 9270 9270
- 10% off on services
- Valid on Sun/Mon/Tuesdays

**Oman Dive Centre**

- Category: Sea Sports
- Location:
- GSM: 9934 0096
- 10% off all services except entrance fee and villa rentals

Omani Heritage Gallery

- Category: Handicrafts
- Location: Al Shatti, Qurum, MQ
- Tel: 2469 6568
- 10% off, cash sales only
- 15% off for purchases over R.O. 50
- 7 – 12% respectively for credit card

Organic House Healthy Living

- Category:
- Location: Al Shatti
- Tel: 2469 3331
- 10% off, cash only
- www.organic-house.net

O Sole Mio Italian Restaurant

- Category: Restaurant
- Location: Al Shatti, Qurum
- Tel: 2460 1343
- 10% off, cash only

Oasis By The Sea

- Category: Restaurant
- Location: Shatti
- Tel: 2460 2757
- 10% off, cash only

OUA Retail

- Category: Liquor
- Location: Madinat Qaboos
- Tel: 2450 4670
- 10% off, cash only

Papa John's Pizza

- Category: Restaurant
- Location: Qurum
- Tel: 2451 9468
- 15% off, cash only

Patchi Chocolates

- Category:
- Location: All
- Tel: 2456 2854
- 15% off on gift sets

Pavo Real Mexican Restaurant

- Category: Restaurant
- Location: Madinat Qaboos
- Tel: 2460 2603
- 10% off, not valid on theme nights

Perfect Health Centre

- Category: Health Club
- Location: near Ramada Hotel
- Tel:
- 20% off massages

Pizza Express

- Category: Restaurant
- Location: Shatti
- Tel: 2469 6169
- 20% off

Pulse First Aid Training

- Category: First Aid Training
- Location: Madinat Qaboos
- GSM: 9260 1420
- 10% off Family & Friends First Aid for Children Course
- firstaidoman@gmail.com

Radisson SAS Hotel

- Category: Hotel
- Location: Al Khuwair
- Tel: 2468 7777
- 25% off room rates
- 15% off food
- www.radissonsas.com

Ramada Hotel Resort Muscat

- Category: Hotel
- Location: Shatti
- Tel: 2460 3555
- 15% off food
- 25% off health club
- www.ramada.com

RAZ Hair & Beauty

- Category: Beauty
- Location: Ruwi
- Tel: 2469 2219
- 10% off on services, cash
- Not valid for special offers

Rock Bottom Café

- Category: Restaurant
- Location: Ramee Guest Hotel, Qurum
- Tel: 2456 4443
- 15% off on food & drinks

**Rustic Interiors**

- Category: Housewares
- Location:
- GSM: 9525 0796

Sadaf Beauty Centre

- Category: Beauty
- Location:
- Tel: 2460 7455
- 10% on services
- Valid on Wednesday & Thursday

Sahara Furnishers

- Category: Housewares
- Location:
- Tel: 2470 4520
- 25% off cash sales

Salam Studios & Stores

- Category: Cosmetics
- Location: All
- Tel: 2456 4071
- 10% off cosmetics & perfumes

Sama Beauty Centre

- Category: Beauty
- Location: Shatti Al Qurum
- Tel: 2469 9041
- 25% off on services, cash only

Samaa Beauty Salon

- Category: Beauty
- Location:
- GSM: 9926 1451
- 20% on services

Sands Adventure LLC/53 East

- Category: Tours
- Location:
- GSM: 9915 2998
- 10% off, cash only
- www.53east.com

Santino's Bistro Italiano Restaurant

- Category: Restaurant
- Location: Shatti Complex
- Tel:
- 10% off on food & drinks

SAMA Tourism Villages

- Category: Tours
- Location:
- Tel: 2449 0387
- 10% off

- www.samavillages.com

Sheraton Oman

- Category: Hotel
- Location: Ruwi & Qurum
- Tel: 2479 9899
- 10% off food & drinks
- 25% off Health Club

Silk Island Fabric Shop

- Category: Household
- Location: Al Araimi Complex, Qurum
- Tel: 2456 7090
- 10% off

Silk Route

- Category: Restaurant
- Location: Madinat Qaboos
- Tel: 24696967
- 10% off

Smart Kids Toys

- Category: Toys
- Location: Al Wadi & CCC
- Tel: 2456 4898
- 10% off except discount on sale items

Snowwhite Laundry

- Category: Laundry
- Location: All
- Tel: 2492 1847
- 10% off, cash only

Star Salon

- Category: Beauty
- Location: Grand Hyatt & InterContinental Muscat
- Tel: 2469 3577
- 15% off all treatments, cash only

Stomach

- Category: Restaurant
- Location: Shatti Complex
- Tel: 2469 2486
- 15% off except lunch menus

Tae Kwon Do Centre

- Category: Marital Arts
- Location: Bait Habarat, Qurum
- GSM: 9243 4579
- 20% off Tae Kwon Do classes
- R.O. 20 for 8 lessons, twice weekly (inc. disc.)

**Tips & Toes**

- Category: Beauty
- Location: Bareeq Al Shatti, Unit 12
- Tel: 2460 3969
- 10% off

Totem & Pomegranate

- Category: Shoe Store for Women
- Location: Shatti
- GSM: 9522 4489
- 10% off for shoes

The Body Shop

- Category: Beauty
- Location: All
- Tel: 2460 4372
- 10% worth of free products for every 10 R.O. spent

The Noodle House

- Category: Restaurant
- Location: Muscat City Centre
- Tel:
- 10% off for Food

The Wired Coffee Lounge

- Category: Restaurant
- Location:
- GSM: 9903 6326
- 10% off on breakfast & coffee

Turtles Bookshop

- Category: Bookshop
- Location: Various locations
- Tel: 2479 3590
- 10% off on books only
- All outlets except airports

Tyron Tyre Protection (David Hoyle)

- Category: Car Accessories
- Location: Ghala
- Tel: 9941 4217
- Special Rate OMR 150 per car from his location only

Welcare Medical Centre

- Category: Health
- Location: Al Khuwair
- Tel: 2447 7666
- 10% off on items

Woodlands

- Category: Restaurant
- Location: Ruwi
- Tel: 2470 0192
- 10% off, cash only

VLCC International

- Category: Beauty
- Location:
- Tel: 2469 5157
- 10% off on slimming, skin & hair care services
- www.vlccinternational.com

Villa Shams

- Category: Hotel
- Location: Qurum Heights
- Tel: 2456 1197
- 10% of rooms (Bed & Breakfast)
- www.villashams-oman.de

Xtreme Sports Oman

- Category: Sports (Paintball)
- Location: Shatti Al Qurum
- Tel: 2456 7769
- 10% off paintball & shooting
- www.xtremesportsoman.com

Zahrat Al Dahlia Trading (Furnishings)

- Category: Household
- Location: Ghala
- Tel: 9933 9126
- Zadfurn@omantel.net.om

Zubair Al Khabori Trading

- Category: Sportswear
- Location: Dhofar Building, Ruwi
- Tel: 2470 6591
- 20% off on sportswear & purses, cash